



Kirkland Norris, RS, MPH, Health Commissioner
Karen Hiltbrand, President of the Board of Health
Maureen Ahmann, DO, Medical Director

12/30/2021

Stark County Health Department Statement 12/30/2021

The CDC and ODH have updated isolation and quarantine guidelines for the public. The graphic below includes the new isolation guidance for cases of Covid-19 and quarantine guidance for contacts to cases of Covid-19. You can find this as well at the following link [CDC Updates and Shortens Recommended Isolation and Quarantine Period for General Population | CDC Online Newsroom | CDC](#). Also, here is the link for how to properly wear a well fitted mask. [Improve How Your Mask Protects You | CDC](#)

In addition, The Ohio Hospital Association also distributed a letter from the Ohio Hospital Association and Ohio Children's Hospital Association to Ohio school superintendents, administrators and school board members encouraging them to implement a masking requirement when students return from the holiday break. A masking requirement in schools will help limit community spread of COVID-19 and keep students in school, the letter said.

ODH disclosed more will be to come this coming week, but that their Infectious Disease Control Manual (IDCM) has been updated and that is their current guidance to follow. You may view this at the following link [IDCM Section 3: Coronavirus Disease 2019 \(COVID-19\) \(ohio.gov\)](#).

Dr. Vanderhoff of ODH encouraged Ohioans to celebrate safely this holiday weekend so we can all have a healthy start to 2022. "As we get ready to ring in a new year, please, think about the steps you can take to prevent COVID-19 spread before you gather. Keeping vaccinations up to date, appropriate testing, staying home if you feel the least bit sick, masking especially in crowded indoor environments, proper ventilation, and regular handwashing can all help prevent the spread of COVID-19, flu, and other illnesses this season," he said.

The Stark County Health Department still strongly recommends that masks be worn by students, staff, visitors and volunteers at all times while inside school facilities. Stark County continues to recommend to get your Covid-19 vaccinations and boosters at the appropriate time. Also, stay home if you are sick.

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STARK COUNTY HEALTH DEPARTMENT

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If You Test Positive for COVID-19 (Isolate)

Everyone, regardless of vaccination status.

- Stay home for 5 days.
- If you have no symptoms or your symptoms are resolving after 5 days, you can leave your house.
- Continue to wear a mask around others for 5 additional days.

If you have a fever, continue to stay home until your fever resolves.

If You Were Exposed to Someone with COVID-19 (Quarantine)

If you:

Have been boosted

OR

Completed the primary series of Pfizer or Moderna vaccine within the last 6 months

OR

Completed the primary series of J&J vaccine within the last 2 months

- Wear a mask around others for 10 days.
- Test on day 5, if possible.

If you develop symptoms get a test and stay home.

If you:

Completed the primary series of Pfizer or Moderna vaccine over 6 months ago and are not boosted

OR

Completed the primary series of J&J over 2 months ago and are not boosted

OR

Are unvaccinated

- Stay home for 5 days. After that continue to wear a mask around others for 5 additional days.
- If you can't quarantine you must wear a mask for 10 days.
- Test on day 5 if possible.

If you develop symptoms get a test and stay home

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[U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES](#)

CDC works 24/7 protecting America's health, safety and security. Whether disease start at home or abroad, are curable or preventable, chronic or acute, or from human activity or deliberate attack, CDC responds to America's most pressing health threats. CDC is headquartered in Atlanta and has experts located throughout the United States and the world.

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